

The Lamp  
1971





*Sounds  
of  
Silence*



# *Portsmouth General Hospital*

## *School Of Nursing*

*He came singing love  
He lived singing love  
He died singing love  
If the song is to continue  
We must do the singing*



mp  
71

Copy 2



*Mrs. Lois Daniels*

*Director Of  
Portsmouth General  
Hospital  
School Of Nursing*

*Mr. Robert Perry*

*Administrator  
Portsmouth General  
Hospital*

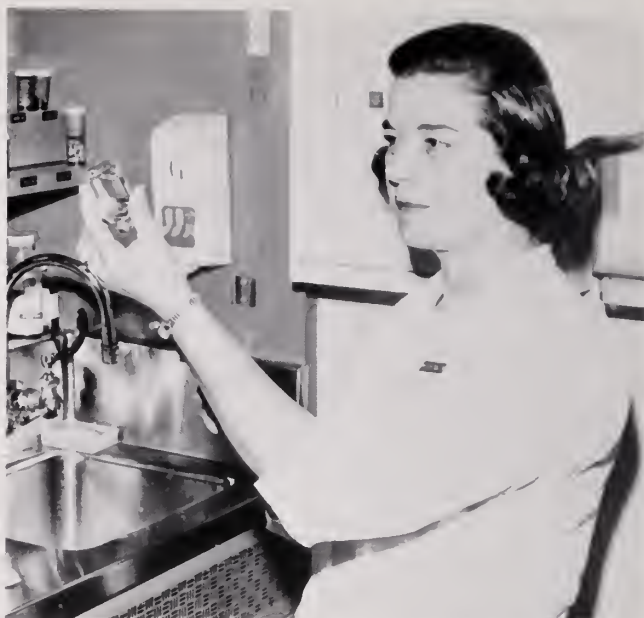


# *Faculty*

*"Hear my words that I may teach you"*



MISS BROOKS



MRS. FUTRELL



MRS. EDWARDS



MISS KING







MRS. JACKSON



MRS. ARCHER



MRS. KING



MISS RAMERIZ



MRS. BAUER





MRS. DELLINGER



The Faculty



I told you I'd do it!



HOUSEMOTHERS: Mrs. Bowen and Mrs. Gregory. (Not pictured - Mrs. Stublin).

Wake up Miss Brooks



# *Freshmen*

*May each day in the week be a good day  
May the Lord always watch over you,  
And may all of your hopes turn to wishes  
And may all of your wishes come true.*





Jane Aaron

Thanks so much for the many gifts

# Class Of

Karen Adkins



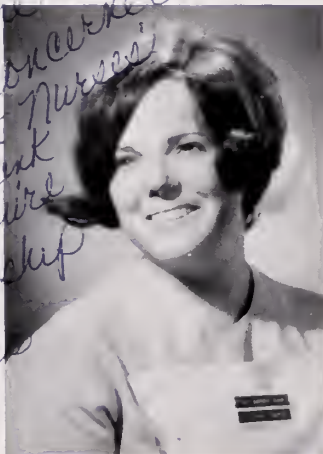
Thanks for everything especially the poor little "piggy" beginning a new year



Lois Britto

5-3-71

Thank you for everything! I wish more of the Doctors were as concerned about the students as you are. Thank you for sharing your knowledge & friendship with us - Janie Davis



Janie Davis



A big "Thank you" for everything you've done for us - Always Mary Kay Dorson

Mary Kay Dorson

you are one of the nicest Doctors I have ever known. Good wishes always Connie Ellis

Connie Ellis



I wish you so every special pool which me in times of frustration. Thanks again Janie



Janie Ferguson

A million, you thank you, you all of the wonderful things. They all mean a great deal to all of us! Pat Gillespie

Pat Gillespie





Dixie Hess

have to  
every much  
every thing  
for app. 1000  
more than a  
Miss Hess 73

June Kube



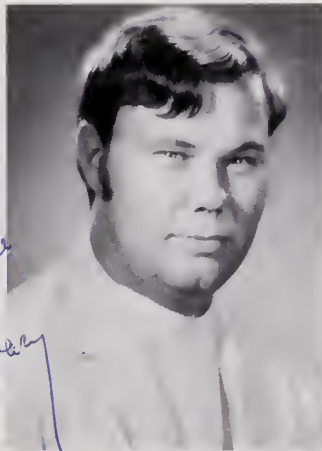
June Kube



Sandy Morrison

"Gone"

Thank you for  
supporting the  
school and  
instructing us  
in the  
hospital and  
with a good  
personal guide  
for us.  
Ken O'Leary



Ken O'Leary



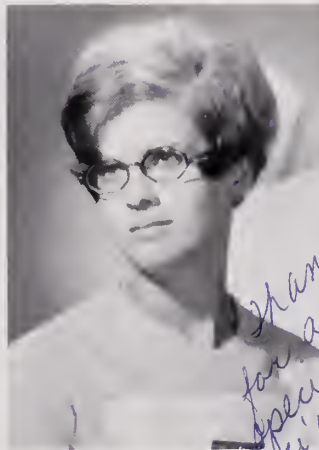
Thank you for all the  
gifts and kindness you  
have given us. May God  
grant you the peace and  
serenity He has given  
me.

Linda Osborne.

Linda Osborne

Thank you for everything  
you have done for us.  
Best wishes always  
Lorraine Roberson

Lorraine Roberson



Cyndy Rudolph

Thank you  
for all the  
special things  
you've done for  
the students.  
Cindy  
Rudolph

Many thanks for  
everything you have  
done for us!

Diane Savage

Diane Savage





# *Fundamentals*

Fire and Rain



*Of*



In the beginning ...

## *Nursing*

The Great Escape



He sweeps them right off their feet!!

We've only just begun





Anatomy Lab



What's that on my shoe?!

*Old*

*Dominion*



*University*

Webb Center



Studying the "digestive system" of cat.







Wow!! Portsmouth!!



If this thing was any larger ...



And what's on your mind?



Sarah auditions for Lawrence Welk.



So this is who's dating Sandy now!



We should win more often.



Who me, a Southern Belle?!



FRESHMAN CLASS OFFICERS: Linda Osborne - Chaplain; Sandy Morrison - Historian; Diane Savage - Secretary; Ken O'Leary - Treasurer; Dixie Hess - Vice-President; Mary Kay Dorson - President.



Got any pancakes, Lois?



Anyone for a Darvon?



What's the grin for Mrs. Edwards?



This is what I think of this busride!!



P.G.H. Beauties



# Drugs And Solutions



Mrs. Futrell teaches conversions.

Why is this pt. receiving Amyl Nitrate, Mrs. Kube?



## Pharmacology

Connie learns procedure of administering an injection.

They aren't nosedrops - they're eyedrops.







## *Nutrition*

*With a little help from  
our friends . . .  
The days seem to go by  
faster.*

## *Medical*



## *Surgical*



## *Nursing I*



Professionalism at its peak



I'm going out!!?



MISS KING - Class Advisor



When can these stupid ears come off?  
Was that our fanbelt in the middle of the road??!!



The Sunday Morning After ...  
Dixie is taught the principles of moving a pt.



# *Juniors*

*May each day in the month be a good day  
May you make friends with each one you meet,  
And may all of your daydreams be memories  
And may all of your memories be sweet.*





Jan Balback



Elaine Berghoffer



Darlene Brewer

*Class Of*  
*'72*

*"We're Almost There"*



Roberta Campbell

Susan Davis



Shirley Hatton



Cindy Gupton





Kay Hooper



Jackie Kavanaugh



Georganna Kraus



Shirley Mays



S. G. A. again!!

Nancy Pearce



Angela Wiggins



Cindy Williams







Shirley's practicing for the rodeo.



Mr. Gaines teaches Cindy IPPB.

### THE MOD SQUAD



I wonder if this is the one he wants?

Let me see, does this cause nausea or vomiting?



Pete helps Jan with isolation.





Have you read it 3 times?



Jan reverts back to basic fundamentals.



Are you sure it's 5 to 1?

## *Medical Surgical Nursing*

Mrs. Williford gets the go around on the stryker frame.



I get so tired of writing A. M. care given.







a time for love ...

*To everything  
there is a  
season .  
and a time  
for every purpose  
under heaven*



a time for hate ...

a time for war ...



a time for peace ...



Another day in the halls of learning!!





#### JUNIOR CLASS OFFICERS

Treasurer:

Kay Hooper

Historian:

Cindy Gupton

Vice President:

Cindy Williams

President:

Shirley Mays

Parliamentarian:

Darlene Brewer

Recording Secretary:

Georgianna Krauss

Susan, she really didn't say a bad word.



Rummage sales are fun, aren't they?!



At least apples taste better than feet.



MRS. EDWARDS - Class Advisor







Our first case in the Emergency Room.



Mrs. Hyton teaches about Cardiac Monitoring.

## *Specialties*



The Green Phantoms - Scrub-a-dub-dub

Mrs. Krauss talks to an outpatient.



If this isn't Intensive Care ...







Push A - which pulls B to turn C - therefore D will ...



Mass confusion in OPD - as usual.

## *Crownsville*



*Every Man Is In Certain  
Respects:*

*Like All Other Men  
Like Some Other Men  
Like No Other Man*





Only 999 plates to go!



One more for the road!



It isn't that much fun, Darlene.

Like Mother like daughter ... poor child  
(Just joking Shirley)

Do you smell something, Angela?



Those were the days my friend - of Gossip Joan  
and I Feel Pretty??!!



# *Seniors*

*May each day in the year be a good day  
May each dawn find you happy and gay,  
And may all of your days be as lovely  
As the one you shared with us today.*





JUDY CASTEEN ADKINS

"I don't believe in principle, but, oh,  
I do in interest."

Dr. Mayo -

Thank you so much for  
your many kindnesses. It  
has been a pleasure to  
work & you throughout  
my school years. Thanks again,  
Judy Adkins



Dr. Mayo,  
Thank you very much for all you have  
done for me & the school. Your gifts  
have been wonderful & I have enjoyed them  
very much. You have been my instrument in my  
education. *DEBORAH SUE BOWMAN*  
"Live each day to the fullest. Look  
forward with confidence, and back  
without regrets."

D. Bowman



SUSAN BENSON CAFFEE

"As we advance in life we learn the  
limits of our abilities."

Dr. Mayo,

Just a word of thanks  
for everything you have done  
for us while in training.  
Our stay here has been made  
quite enjoyable - Susan

Dr. Mayo  
Thank you very much  
for the personal interest which  
you have taken in our students, by the  
wonderful things which you have made  
us with. You have made my three years  
in school very rewarding & enjoyable.  
Miss Doris Halstead

DORIS LOUISE HALSTEAD

*To love is virtually to know; to know  
is not virtually to love."*



Dr. Mayo,  
Your interest in all of us  
students has been very much  
appreciated and badly needed.  
Thanks for your smile of reassurance.  
LINDA LOU HAZZARD  
Miss Hazzard

*"May you live each day of your life."*

CARRIE JOHANNA KENRICK

*"I am born happy every morning."*

Dr. Mayo,  
You have had a  
great learning experience  
at Fort Smith  
I think you should  
try even to  
lead the "Mayo  
club"  
Miss C. Kenrick





MELANIE LOUISE MITRIONE

"Know everyone as a friend."

De Mayo  
Thanks for all your  
kindness to every student  
we have had a little pleasure  
from a while lot of pleasure  
Sincerely,  
Melanie



PATRICIA LYNNE RUDOLPH

"The only way to settle a  
disagreement is on the basis of what's  
right - not who's right."

De Mayo, all  
Thanks for all  
your personal  
interest in me  
last three  
Pat Rudolph



ERNESTINE SUMNER SCOTT

"To be like Christ is to be a  
Christian."

De Mayo, I would like to  
thank you for all the  
things you have given  
me. You are the  
best and I am  
always  
Bless you  
The Sumner Scott



BARBARA DEAN SMITH

*"He who sows courtesy reaps friendship, and he who plants kindness gathers love."*

*C. Warrington*



ELIZABETH D. WARRINGTON

*"Impossible dreams can come true."*

*I cannot express how I  
feel about you. Thank you  
for three great years.  
Barbara S. Hoxner*

*It certainly has been a  
pleasure in being able to  
work with you our three  
years here. Many thanks  
for you!*

TONI CHERYL WEISER

*One cannot find any rule of conduct  
to excell 'simplicity and sincerity'.*

*And your encouraging me, using*

*Toni Weiser*





PHYLLIS DOUGHTIE WINE

*"You must look into people as well as  
at them."*

*Thank you  
for all of your  
kindness and guidance  
throughout our years.  
Yours,  
Angela Wine  
#0614*



FRANCES ANNE WOLFORD

*"Wherever there is a human being  
there is an opportunity for a  
kindness."*

*Dr. Mayo,  
You have been so kind to  
us, we appreciate this and  
your encouragement.  
Jan Campbell*

CLASS OFFICERS: Vice-  
President: Toni Weiser; Histor-  
ian: Susan Caffee; President:  
Melanie Mitrione; Secretary:  
Barbara Smith; Parliamentarian:  
Carrie Kenrick; Treasurer: Pat  
Rudolph.







Happiness is being young



BJBJ and her hole in the wall gang  
Mrs. Jackson - Class Advisor



I do! I do!



Apathetic isn't the word!



Is there a Doctor in the house?!



Proven guilty





ELIZABETH - Most Dedicated



SUSAN - Most Domestic



CARRIE - Most Mischievous

*Seniors Of '71  
Do Their  
Own Thing*



PHYLLIS - Most Studious



MELANIE - Most Determined



PAT - Most School Spirited



DEB - Biggest Flirt



DO YOU SMELL SMOKE?



BARBARA - Most Conservative



JUDY - Most Fun loving





TONI - Most Fantastic



LINDA - Blondest



FRAN - Hardest Worker



DORIS - Most Patient



SENIORS PLUS ONE

DID SOMEONE  
SAY THEY  
SMELLED  
SMOKE?







## *Leadership Skills*

MRS. KING

## *Professional Adjustments*

MRS. DANIELS

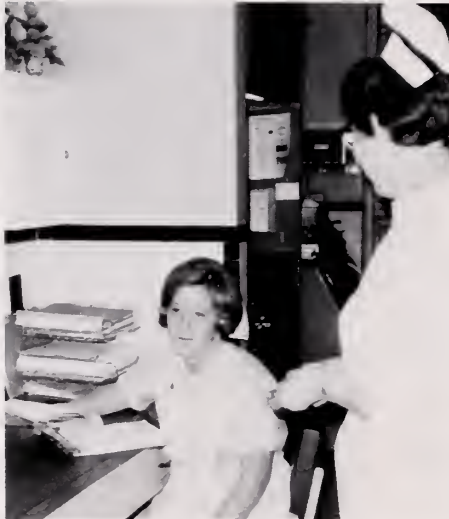


## *Senior Seminars*

MRS. JACKSON

# *Obstetrics*

MISS KING DOES  
HER THING!



Which came first - the chicken  
or the egg?



Wonder if this knob turns his head?



THEIR CHILDREN BUT OUR BABIES



# *Maternal Child Health*

## *Pediatrics*

MISS BROOKS HAS HER  
CHILDREN TOO!

1 ... 2 ... 3 ...



Oh no!! Not again!!

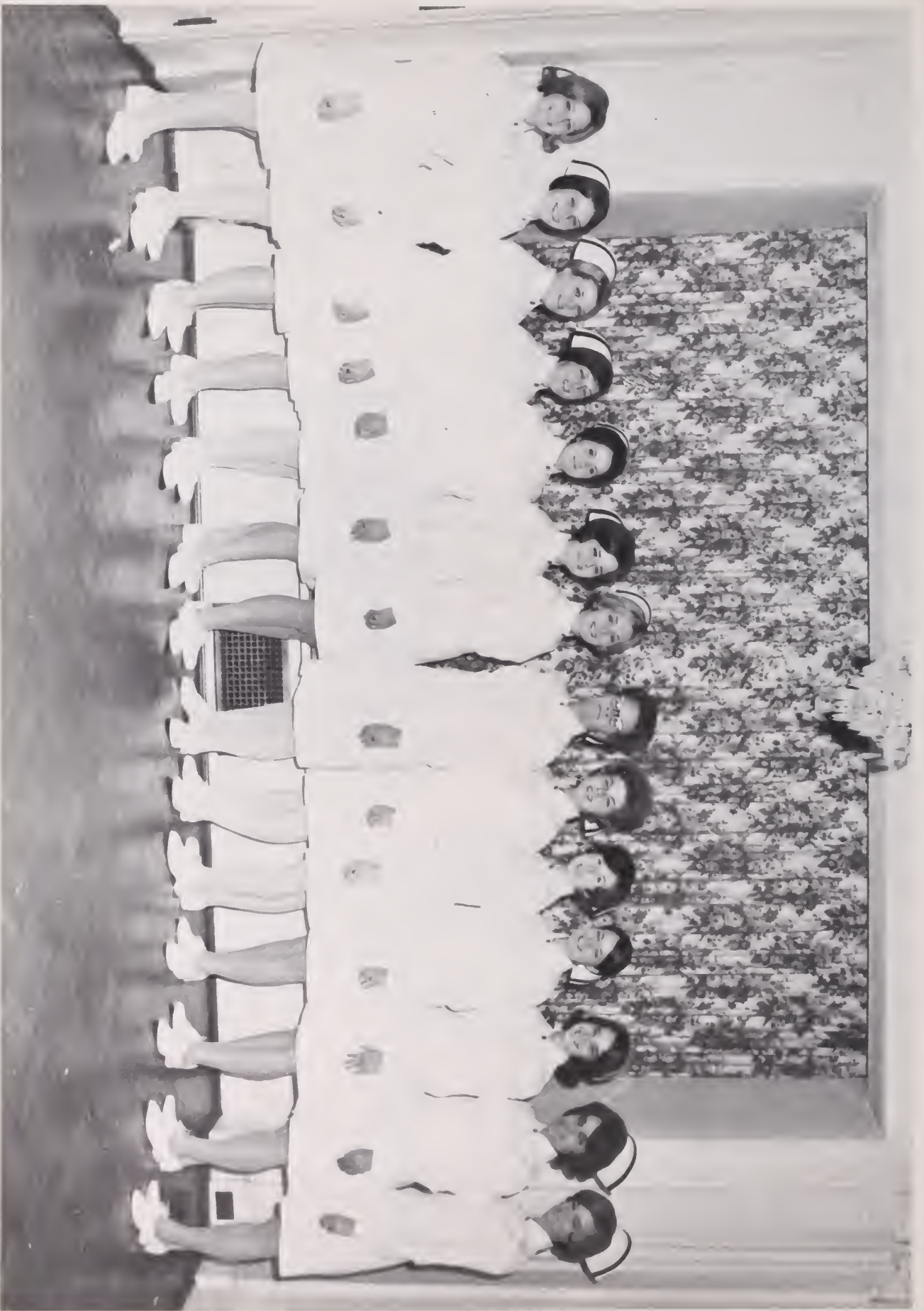


Does it hurt and have a temperature?  
I dare her to get out of this one.



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A new experience and a new career began for nineteen students September 23, 1968. As we registered in the School of Nursing, collected our textbooks, class schedules and our orientation program, some of us were highly excited, and some of us were apprehensive. However, we were the Class of 1971 and were proud. Rat Week was full of laughter and fun. Courses at Frederick College were - Ugh! We laughed some and cried a lot about those courses. What does a Mockingbird have to do with an Anatomy exam anyway? Keep those sheets tight and use your principles, was the foreword of Mrs. Edwards our Instructor in Fundamentals of Nursing.

When our new drip dry uniforms came they were worn with grace and pride. What a transition from laundry starch to wash and wear. We were the first class to wear the new uniforms and accepted criticism as well as complaints. We knew it was only a matter of time before the blue pin-striped uniforms would be turned in for a solid white style.

The month of June came and four of our members departed, however, they were not forgotten. We soon learned that work did not end with college and the background in Biological and Social Sciences we received, enabled us for efficient Clinical Nursing. The summer began with Medical Surgical Nursing I. Classes and experiences were concurrent. Mrs. Jackson was our Instructor and pushed us all. Along with this, Mrs. Furrell was drumming into us all she could about Pharmacology. How we remember the reference work!

As beginning Junior students, September 1969, we left for our Psychiatric Nursing experience. We will be remembered as the first class to attend Crownsville State Hospital in Crownsville, Maryland. We had no idea of what to expect on this experience, and soon all fears became only memorable experiences. Twelve weeks later we were back at our home school. Back to Mrs. Jackson and Medical Surgical Nursing II and III. More knowledge, skills and abilities were developed enabling us to administer good nursing care to our patients. We ended our Junior year with Mrs. King teaching Medical Surgical Nursing IV and receiving experiences in the specialties.

We had arrived as Seniors. Our blue bands signified we were there - all fourteen of us! However, three of us had received our first degree as - Mrs.

Beginning Maternal Child Health; the whole Maternity Nursing book had to be learned under Miss King's direction, while Miss Brooks had us write our own Pediatric's book!

Mrs. Daniels taught us a course in Professionalism and Adjustments as Graduate Nurses. At the same time the National Student Nurses Association proclaimed that "professionalism is a state of mind."

Back to Mrs. Jackson for Senior Seminars where we became teachers as well as students. With six weeks left in our curriculum program we had a chance to develop our Leadership Skills. Mrs. King was always available on 3-11 and 11-7 duty. It is the dream of all Student Nurses to operate a unit in the hospital.

Our Senior Farewell Dance in April was fantastic. Our raffle tickets had paid off for us as we were presented with our own dozen red roses.

The countdown is over. On May 28, 1971 we will be almost as sad to leave, as we will be happy to have our new career before us.





Dreaming about that last prep, Toni?



Sleep and wear uniform  
Anyone for an exploratory?



This is what three years of nursing school does to you! !



The dumb blond strikes again!!



Amen brother ... Alleluia





# *Activities*

*"The Games People Play"*



FIRST ROW - Ken O'Leary; Pat Rudolf; Co-advisor; Linda Snyder; Shirley Mays; Georgianna Krauss; Cindy Gupton; Bus - Tina Scott; Linda Osborne; Pat Gillespie; Angela Wiggins; Lois Britto; Cyndy Rudolf; Karen Adkins; Linda Hazzard; Sandy Morrison; Judy Adkins; Doris Halstead; Debbie Bowman; Jackie Kavanaugh.

## *Annual Staff*



JACKIE KAVANAUGH - Editor

## *The Impossible Dream*



Advisor - MRS. EDWARDS



## *S. N. A. V.*

The Student Nurses Association of Virginia appeared to have broadened itself out by having relevant issues and actions this year, such as the convention held at the Golden Triangle in Norfolk. The "new enthusiasm" caused many of our students to take active roles in S. N. A. V. projects. This is shown in our school, as well, with Linda Hazzard as President of District I. Other offices are held by Pat Rudolph, Corresponding Secretary and Darlene Brewer, Parliamentarian. Other students are active with various committees and this enthusiasm will hopefully continue in the future.

## *Student Nurse*

Mrs. Elizabeth Warrington was selected from the Senior class by the S. G. A. as the Student Nurse of the year from Portsmouth General Hospital School of Nursing. She was, therefore, placed in competition with other nursing schools in this area for the title of District I Student Nurse, which eventually, if won, would lead to the state and national levels. The topic of the speeches was Creativity in Nursing and various aspects were exemplified on all levels. We are proud to have Elizabeth Warrington represent our school as "Miss Student Nurse."







Are you sure this is the way Ginger Rodgers started out?



Did I really tell that joke before?



Alumni Queen  
SUSAN CAFFEE

## *Alumni Court*

JUNIOR ATTENDANT:  
Shirley Mays

QUEEN:  
Susan Caffee

SENIOR ATTENDANT:  
Judy Adkins

FRESHMAN ATTENDANT:  
Sandy Morrison



# Student Government Association



## HISTORIAN:

Darlene Brewer

## CORRESPONDING SEC.:

Cindy Gupton

## RECORDING SEC.:

Melanie Mittrione

## PRESIDENT:

Judy Adkins

## VICE PRES.:

Angela Wiggins

## TREASURER:

Tina Scott

## PARLIAMENTARIAN:

Fran Wolford

Where's the president?



We are gathered here today ...



The Rats make their debut for the hospital staff.





# *Honor Council*

Jan Balbach

Elaine Berghofer

PRES.: Linda Hazzard

Cydy Rudolf

Tina Scott



Wait a minute I have to scratch my head.



Hail, Hail, the gang's all here!!



Alright, enough  
is enough.



Mirror, Mirror on the wall ...





My girdle is killing me!



That sounds like a problem for Ann Landers Elaine.

Mr. Parker strikes again!



I use tackle ... and it doesn't work.



Little Miss Muffet says, "Hanging around spiders is beginning to affect me."



Ultra-Brite gives your mouth sex appeal!

Pat Rudolph - Co-Editor





Scratch!



Should I let her in?



Not you again Nancy!



Bah - Humbug!

Are you an athlete - You have the foot!!



Raindrops keep falling on my head!







Romper Room Girls



It's not on the floor stupid.



Love Sweet Atonement

Let me entertain you.



Did you hear that?

Ruby's Pool Hall



TEE HEE







A&P had a special this week.



Who greased the tickets!!



Who let him in?

Patent Number 3999506



I did not!!



I want to go home.

Oops! I ripped my pants!



# *Sponsors*

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OF  
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of  
Silence*

